

Frequently Asked Questions:

Q: How can I help TYH prevent the spread of COVID-19 while participating in youth hockey?

A: TYH is working closely with the Omni Center, town of Onalaska and La Crosse County Health Department to develop and implement plans and protocols designed to prevent the spread of COVID. You can assist us by following all recommended guidance from TYH regarding processes for dropping off your skater and following guidance on whether spectators are allowed. You can also help us keep all our skaters as healthy as possible by keeping your participant home if your skater has a fever or meets criteria for quarantine.

Q: My youth hockey participant tested positive for COVID-19. When can he/she return to TYH activities?

A: With a positive COVID test, your skater would be eligible to return to TYH activities no earlier than 10 days from the first symptoms of COVID, with minimal symptoms and as well as being fever-free with no fever-reducing medications for at least 24 hours. Additionally, we would recommend that you consider waiting 14 days from symptoms before allowing him to return to exercise according to local medical guidelines from Mayo and Gundersen.

Q: My youth hockey participant has cold symptoms, but tested negative for COVID. When can he/she return to TYH activities?

A: With a negative COVID test, your skater would be eligible to return to TYH activities after he/she has been fever-free with no fever-reducing medications for at least 24 hours and TYH is provided a note from a physician. This note can be sent to the COVID navigator email address.

Q: My youth hockey participant has cold symptoms but has not yet been tested for COVID. When can he/she return to TYH activities?

A: With possible COVID symptoms, your skater would be eligible to return to TYH activities after 10 days since the first symptom as well as being fever-free with no fever-reducing medications for at least 24 hours OR a note from your physician indicating another diagnosis. If you do decide to have him/her tested for COVID, please contact us with the result, as this might change when your skater can return to TYH activities.

Q: My youth hockey participant has been notified of a close contact of a person with confirmed COVID. When can he/she return to TYH activities?

A: With this exposure, your skater would be eligible to return to TYH activities after 14 days from date of last exposure and being fever-free with no fever-reducing medications for at least 24 hours. If the contact is a household member that the skater is not able to distance from, the waiting period would extend to 24 days.

Q: My youth hockey participant has been notified of a close contact of a person with probable COVID (known close contact of someone symptomatic but not yet tested). When can he/she return to TYH activities?

A: Your skater would be eligible to return to TYH activities after 14 days from date of last exposure and being fever-free with no fever reducing medications for at least 24 hours. If the contact you child was exposed to is tested for COVID, please contact us with the result, as this might change when he/she can return to TYH activities